

Dr. Nancy Kay a fitting tribute, indeed

May 9, 2010 by [Rochelle Lesser](#)



I recently heard from veterinarian, Dr. Nancy Kay, and was so glad she sent us a copy of her seminal book, [Speaking for Spot: Be the Advocate Your Dog Needs to Live a Happy, Healthy, Longer Life.](#)

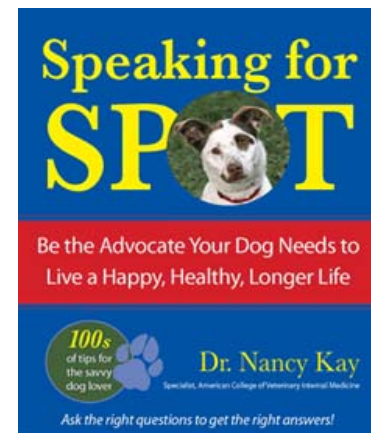
These days, it seems impossible to keep up with all the great books debuting in our ever expanding realm of the dog. Already in its third printing, the book was honored in 2009 by the Dog Writers Association of America and her [Speaking for Spot Blog](#) (which is fabulous btw) won a Best Blog Award as well. Wanting to become a veterinarian for just about as long as she can remember, Dr. Kay graduated from the Cornell College of Vet. Medicine, her residency completed at the Univ of CA-Davis in Internal Medicine.

Currently a board certified internist at the Rohnert Park, CA Animal Care Center, a 24-hour emergency/specialty care center, Dr Kay additionally founded and helps facilitate the Animal Care Center Pet Support Group. Of course, you know just how important she is [when you see the fitting tribute](#) received from Bruce and Jim at [Draw the Dog](#).



We love how Dr. Kay helps you come to grips with a cancer diagnosis, and explains the tough choices that are bound to follow. Plus, you'll find an alphabetical listing of the most common symptoms experienced by dogs and the questions your vet is sure to ask when you report them—not to mention hundreds of prevalent diseases and related points you should be certain to clarify before leaving your vet's office with a treatment plan in hand. A labor of love, this book was fueled by her passion to teach people how to be effective medical advocates for their four-legged best friends. Gone are the days of simply following doc's orders—today's dog lovers are confronted with health-care decision-making on many levels. Have you ever wondered . . .

- How do I find a vet that feels just right for me and my dog?
- What are the important questions I should be asking my vet?
- How will I be able to afford my dog's health care? Is pet insurance the way to go?
- Does my dog truly need all those vaccines listed on the reminder postcard?
- Does my dog really need the surgery or procedure that has been recommended?
- Are there other options I should be considering?
- When is it appropriate to get a second opinion? Where should I go to get one and how can I avoid offending my vet?
- Should I take my dog to see a specialist?
- Should I consider treating my dog's cancer?
Am I doing the right thing? Am I doing this for him or for me?
- Is my dog ready to say goodbye? Am I ready to let him go? What are my choices when it comes to the euthanasia process?



If you've struggled with these questions, you've come to just the right place! Dr. Kay and Speaking for Spot will help you answer all of these questions and many more. With warmth, candor, and humor cultivated over 20-plus years of working with dogs and their human companions Dr. Kay provides an insider's guide to navigating the potentially overwhelming, confusing, and expensive world of veterinary medicine. The result is everything you need to know in one fabulous, fully illustrated book. Speaking for Spot is the consummate guide on how to be your best friend's medical advocate!